

JAPANESE

APPETIZERS

- Organic Edamame | Spicy Organic Edamame** 6.50
- Shumai** (6) Steamed or deep fried shrimp dumpling 7.95
- Gyoza** (6) Steamed or pan fried pork & veggie dumpling 7.95
- Soft Shell Crab** (1) Deep fried with ponzu sauce 12.95
- Scallop Hokkaiyaki *** 11.95
Baked scallop w. crab stick, mushroom & flying fish roe
- Tempura:** Shrimp 14.95 | Veggie 12.95 | Shrimp & Veggie 14.95
- Pepper Tuna *†** 13.95
- Spicy Scallop Tartare *†** 12.95
Seaweed salad with grilled spicy seafood and scallop salad
- Agedashi Tofu** Deep fried *Must Try!* 9.95

SALAD & SOUP

- S1 Seaweed Salad** 6.50
- S2 Organic House Salad** 4.95
- S3 Avocado Salad** 7.95
- S4 Spicy Crabmeat Salad *†** 9.50
Crabmeat, shrimp, spicy mayo, tobiko
- S5 Spicy Tuna Organic Salad *†** 12.95
Spicy and fresh tuna with avocado, tempura flake, tobiko, seaweed salad, organic green lettuce with chef's special sauce
- S6 Miso Soup** 3.95
- S7 Mushroom Soup** 3.95
- S8 Seafood Miso Soup** *Shrimp, crabmeat and miso* 4.95

ENTREE FROM SUSHI BAR

Served with Organic Salad, Miso Soup, and Organic Rice (for sashimi only)

- 1 Vegetarian Combo** 13.95
Mango Maki, Cucumber Maki, Avocado Maki (3)
- 2 Sushi Plate *** *Sushi (8 pcs), Tuna Roll (6 pcs)* 22.95
- 3 Sushi Deluxe *** *Sushi (10 pcs), California Roll (8 pcs)* 26.95
- 4 Sashimi Plate *** (15 pcs) 26.95
- 5 Sashimi Deluxe *** (18 pcs) 31.95
- 6 Spicy Roll Platter *†** (24 pcs) 22.95
Spicy Tuna, Spicy Salmon, Spicy Mixed Fish
- 7 Sashimi Sushi Combo *** (22 pcs) 31.95
Sushi (5 pcs), Sashimi (9 pcs), Shrimp Tempura Roll (8 pcs)
- 8 Party Boat for Two *** (44 pcs) 62.95
Sushi (10 pcs), Sashimi (18 pcs), Maki (16 pcs)

ENTREE FROM KITCHEN

- 1 Teriyaki** Choice of: Chicken or Salmon Served w. Soup & Salad 17.95
Broiled to perfection, then smoothed in blue fuji special teriyaki sauce.
- 2 Nabayaki Udon** 15.95
Thick noodles served in a light fish broth with shrimp tempura, chicken, fish cake and topped with an egg
- 3 Yaki Udon** Served w. Soup & Salad 14.95
Pan fried thick noodles with vegetable and chicken, beef, or shrimp.
- 4 Una-Ju** (8 pcs) Served w. Soup & Salad 19.95
Broiled eel glaze with sweetened soy sauce over a bed of organic rice with house pickles
- 5 Tempura Udon** 17.95
Thick noodle in soup with shrimp tempura on top

Note: We only use premier grade wild caught seafood.

Our Core Value: We care about communities and our environment.

(* RAW) Asterisked items are served raw, undercooked, or cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness.

† **HOT & SPICY**

VEGETABLE MAKI

- 1 Organic Avocado Maki** 4.95
- 2 Organic Cucumber Maki** 4.95
- 3 Organic AAC Maki** Avocado, asparagus, cucumber 4.95
- 4 Fruit Roll** *Mango, banana, avocado* 6.95
- 5 Organic Mango Maki** 4.95
- 6 Organic Apple Maki** 4.95

COOKED MAKI OR HANDROLL

- 1 California Maki *** 7.00
- 2 Mango California Maki *** 7.45
- 3 Sweet Potato Tempura Maki** 7.45
- 4 Shrimp Futo Maki *† Must Try!** 7.45
- 5 Una-Avo Maki *†** *Eel and avocado* 7.45
- 6 Crazy Maki *** 7.45
Special cheese, potato tempura, avocado, tobiko, soybean paper
- 7 Mango Boston Maki † Must Try!** 7.45
Shrimp, cucumber, lettuce, mango & special sauce
- 8 Crabmeat Tempura *** 7.45
Crabmeat tempura, avocado, tobiko & amazing special sauce
- 9 Spicy Tempura Salmon Maki *†** 9.45
- 10 Rising Sun Maki *** *Salmon tempura, avocado & fish roe* 9.45
- 11 Spicy Scallop Maki *† Must Try!** 10.45
- 12 Spider Rolls (5) *** 11.45
Deep fried soft shell crab, lettuce, tobiko, avocado & cucumber
- 13 Tempura California Maki (10) *† Must Try!** 10.45
- 14 Shrimp Tempura Maki *** 10.45
Shrimp tempura, avocado, cucumber, tobiko
- 15 Spicy Avo Crabmeat Maki *† Must Try!** 9.45
- 14 Mexican Maki *†** *Shrimp tempura, cucumber, avocado and jalapeno* 11.45
- 14 East Maki *** *Crab stick, cream cheese and avocado* 7.45

UNCOOKED MAKI OR HANDROLL

- 1 Fatty Tuna Maki *** 8.95
- 2 Tuna Maki *** 5.95
- 3 Saba Maki *** 5.95
- 4 Salmon Maki *** 5.95
- 5 Spicy Tuna Maki *†** 7.95
- 6 Spicy Salmon Maki *†** 7.95
- 7 Spicy Yellowtail Maki *†** 7.95
- 8 Spicy Mixed Fishes *†** *Spicy tuna & salmon mixed with yellowtail* 7.95
- 9 Yellowtail w. Scallion** 5.95
- 10 Alaskan Maki *** *Salmon, cucumber, avocado* 7.45
- 11 Philadelphia *** *Smoked salmon, cream cheese, cucumber & scallion* 7.45
- 12 Salmon Avocado Maki *** 7.45
- 13 R&D *** *Fresh salmon, cream cheese, and avocado* 7.95
- 14 Amazing Tuna Tempura Maki *† Must Try!** 11.95
Spicy tuna, scallion, asparagus with special sauce

Note: All spicy roll contains tempura flake, please inform your server if you don't like it.

Healthy Low Carb

Naruto Makimono - \$10.95

Health starts from Organic & Natural Food, no growth hormone, no antibiotics. Cucumber naruto roll, flying fish roes & avocado rolled with thin sliced cucumber

- | | |
|-----------------------------|---------------------------|
| 1 Crab Stick * | 4 Spicy Salmon * |
| 2 Spicy Tuna * | 5 Tuna Avocado * |
| 3 Spicy Yellowtail * | 6 Salmon Avocado * |

SPECIAL MAKI

Cooked Special Maki

- 1 Caterpillar *** 14.95
Grilled eel, cucumber, avocado, flying fish roe on top (8)
- 2 Scorpion *** 14.95
Grilled eel, avocado covered with shrimp & flying fish roe on top (8)
- 3 House Dragon *** 15.95
Shrimp tempura, crab stick, topped with eel, avocado & tobiko (8)
- 4 Snow Mountain** 15.95
Shrimp tempura & crab stick inside topped with king crab meat salad (8) - Must Try!
- 5 Lobster *** 18.95
Fresh lobster meat, mango, avocado, tobiko, soybean paper with sweet special sauce (10)
- 6 Sunset *** 17.95
Shrimp tempura, fish roe, mango, king crab meat salad & soybean paper
- 7 Pink Lady *†** 17.95
Shrimp tempura, spicy crabmeat salad, mango, avo, tobiko & scallion w. chef's special sauce & soybean paper (10)
- 8 Bruce Lee *** 18.95
Shrimp tempura, chef's special seafood salad & scallion outside with 3 kinds of tobiko & 2 kinds of special sauce (8)
- 9 Sweet Heart *†** 17.95
Shrimp tempura, cucumber, avocado, tuna torch, soybean paper & spicy mayo - Must Try!
- 10 New England *†** 15.95
Torched salmon spicy crab, cooked salmon, flying fish roe, tempura flakes and spicy mayo. Served with eel sauce - Must Try!
- 11 New Kiss the Fire *** 17.95
Shrimp tempura, mango, avocado and tobiko, fresh lobster with chef's special sauce top (5) - Must Try!
- 12 Godzilla** 14.95
Deep fried roll with assorted fish and crab stick
- 13 King's †** 22.95
Lobster tempura inside with spicy scallop on top

Uncooked Special Maki

- 14 Rainbow *** 14.95
California roll, salmon, tuna, white fish & avocado on top (8)
- 15 Christmas *** 14.95
Shrimp tempura inside with tuna & avocado on top (8)
- 16 Red Sox *†** 15.95
Shrimp tempura with cucumber, spicy tuna & scallion on top (8)
- 17 New Wave *†** 17.95
Spicy tuna mixed fish inside, yellowtail, salmon, avocado, scallion & toiko outside with 3 kinds of special sauce on top (10) - Must Try!
- 18 Super M *†** 17.95
Spicy mixed (salmon, tuna, yellowtail inside) white tuna (torch), scallion & tobiko with special sauce (10) - Must Try!
- 19 House Special *** 17.95
Seafood salad, avocado, shrimp inside, tuna & salmon on top, torch scallion & 4 kind of tobiko with amazing sauce (10) - Must Try!
- 20 Jia *†** 20.95
Spicy tuna, soft shell crab, avocado with soybean paper, torch spicy salmon on top with black caviar (10)
- 21 Air Force One*** 21.95
Fatty tuna (torch) on top, fatty salmon, avocado, mango, cream cheese, tobiko, scallion & special spicy sauce (10)
- 22 Double Spicy Tuna *†** 16.95
Tuna, avocado topped with spicy tuna, flying fish roe and scallions
- 23 New Rock *†** 18.95
Spicy white tuna and tuna inside, scallop (torch) outside, with 3 kinds of tobiko and special sauce (10) - Must Try!
- 24 Yellow Jalapeno *†** 16.95
Spicy yellowtail, spicy tuna, mixed fish & avocado inside, topped with yellowtail & jalapeno
- 25 Triple *†** 16.95
Spicy tuna mixed with jalapeno & avocado topped with salmon and yellowtail
- 26 Passion *†** 14.95
Pepper tuna, avocado and cucumber insider, top with spicy crab meat

Note: If you don't like tempura flake inside, please inform your server. Substitute to Brown Rice for \$1 extra.

SUSHI & SASHIMI

Sushi 2 pcs per order / Sashimi 3 pcs per order with \$2 extra
Add Quail Egg for \$2 extra. Multigrain Rice and Brown Rice for \$1 extra

- | | |
|---|---|
| Tuna * <i>Maguro</i> 6.50 | Crab Stick <i>Kanikama</i> 5.50 |
| White Tuna * 5.95 | Octopus <i>Tako</i> 6.50 |
| Salmon * <i>Sake</i> 6.50 | Salmon Roe * <i>Ikura</i> 6.50 |
| Yellowtail * <i>Hamachi</i> 6.50 | Flying Fish Roe * <i>Tobiko</i> 6.50 |
| Stripe Bass * <i>Suzuki</i> 5.95 | Sea Urchin * <i>Uni</i> 7.50 |
| Eel <i>Unagi</i> 6.95 | Sweet Egg <i>Tamago</i> 5.50 |
| Shrimp <i>Ebi</i> 5.50 | Fatty Salmon * 8.95 |
| Scallop * <i>Hotategai</i> 6.50 | Squid * <i>Ika</i> 5.95 |
| Fatty Tuna * 17.95 | Amaebi * <i>Sweet Shrimp</i> 10.45 |

HEALTHY

GLUTEN FREE MENU

- G1 Chicken Rice Soup** 5.95
- G2 General Gau's Chicken** 16.95
- G3 Sesame Chicken** 16.95
- G4 Orange Flavored Chicken** 16.95
- G5 Chicken with Broccoli** 15.95
- G6 Kung Pao Chicken** 15.95
- G7 Shrimp with Broccoli** 16.95
- G8 Kung Pao Shrimp** 16.95
- G9 Broccoli with Beef** 16.95
- G10 Mongolian Beef** 16.95
- G11 Pad Thai** *Pork, Beef, Chicken, Shrimp, or Vegetable* 14.95
- G12 Fried Rice** *Pork, Beef, Chicken, Shrimp, or Vegetable* 12.95

DIET FOOD & GLUTEN FREE

All dishes are sauteed with little oil and salt. Perfect for low calorie, low fat and gluten free needs

- H1 Sautéed or Steamed Chicken Broccoli** 14.95
- H2 Sautéed or Steamed Tofu w. Vegetable** 12.95
- H3 Sautéed or Steamed Chicken w. Vegetable** 14.95
- H4 Sautéed or Steamed Shrimp w. Vegetable** 14.95
- H5 Sautéed or Steamed Mixed Vegetable** 12.95
- H6 Sautéed or Steamed Three Delights** 17.95
Shrimp, Chicken and Scallops
We only use white meat, **ALL NATURAL CHICKEN**. We use the best juiciest & tender white chicken breast meat.

PARTY TRAYS

- | | |
|--|------|
| Egg Rolls Spring Rolls(20 pcs) | \$55 |
| Chicken Fingers(40 pcs) | \$39 |
| Crab Rangoon(40 pcs) | \$39 |
| Chicken Wings(25 whole wings) | \$50 |
| Scallion Pancakes(40 pcs) | \$35 |
| Boneless Ribs(80 - 90 pcs) | \$59 |
| Peking Ravioli Pan-Seared(30 pcs) | \$35 |
| Pork Fried Rice | \$37 |
| Chicken Fried Rice | \$41 |
| Veggie Lo Mein | \$41 |
| Curry Chicken | \$54 |
| Sautéed Mixed Vegetables | \$43 |
| Chicken Broccoli | \$49 |
| Szechuan Spicy Chicken w. Peanuts | \$54 |
| General Chicken | \$59 |
| Beef Broccoli | \$59 |
| Shrimp w. Vegetable | \$59 |
| Chicken Pad Thai | \$47 |

CHINESE

APPETIZERS

A1	Crab Rangoon	8.95
A2	Chicken Fingers	9.95
A3	Scallion Pancake	8.50
A4	Peking Ravioli <i>Steamed or Pan Fried</i>	9.95
A5	Chicken Wings	12.95
A6	Beef Teriyaki	12.95
A7	Chicken Teriyaki	9.95
A8	Spring Rolls	6.50
A9	Egg Rolls	6.95
A10	Sichuan Red Oil Wontons	7.95
A11	Fried Jumbo Shrimp	12.95
A12	Boneless Spare Ribs	12.95
A13	BBQ Spare Ribs	12.95
A14	Kid's Happy Box <i>Crab Rangoon (2), Chicken Teriyaki (2), Chicken Finger (4)</i>	11.95
A15	Pu Pu Platter <i>For One</i> 14.95 <i>For Two</i> 27.95	

*** Any substitution for \$1.50 extra ***

SOUP

	Small	Large
S1	Hot and Sour Soup	3.95 7.50
S2	Wonton Soup <i>Choice of Chicken or Roast Pork</i>	3.95 7.50
S3	Egg Drop Soup	3.95 7.50
S4	Chicken Noodle Soup	5.95
S5	Vegetable Tofu Soup	5.95

CHICKEN

C1	General Gau's Chicken	15.95
C2	Sesame Chicken	15.95
C3	Orange Chicken	15.95
C4	Sweet & Sour Chicken	12.95
C5	Chicken Broccoli	14.95
C6	Chicken with Mixed Vegetables	14.95
C7	Moo Goo Gai Pan	14.95
C8	Kung Pao Chicken	14.95
C9	Cashew Chicken	14.95
C10	Curry Chicken	14.95
C11	Chicken w. Eggplants in Garlic Sauce	14.95
C12	Mongolian Chicken	14.95
C13	Szechuan Spicy Chicken	14.95
C14	Dry Cooked Diced Chicken with Chili	15.95
C15	Honey Glazed Chicken	15.95
C16	Chicken with String Beans	14.95

BEEF

B1	Beef Broccoli	14.95
B2	Beef with Mixed Vegetables	15.95
B3	Szechuan Spicy Beef	15.95
B4	Beef with Mushrooms	15.95
B5	Beef with String Beans	15.95
B6	Beef with Black Pepper Sauce	15.95
B7	Mongolian Beef	16.95
B8	Yuen Yan Spicy Beef	16.95
B9	Pepper Steak	15.95
B10	Kung Pao Beef	15.95
B11	Sesame Beef	17.95
B12	Orange Flavored Beef	17.95

OLD FASHION

O1	Chow Mein <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95
O2	Egg Foo Young <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95
O4	Moo Shu <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95
O3	Chop Suey <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95

CHEF SPECIALS

F1	Happy Family <i>Sliced chicken, beef, scallops, shrimp and pork preciously balanced with mixed vegetables covered in a special sauce</i>	19.95
F2	Szechuan Imperials <i>Szechuan style beef, chicken and shrimp expertly sauteed</i>	17.95
F3	Delight of Three <i>Chicken, shrimp and beef with mixed vegetables</i>	17.95
F4	Fu Young Three Treasures <i>Chicken, shrimp, and scallops sauteed with mixed vegetables in white sauce</i>	17.95
F5	Kung Pao Two Delights <i>Chicken & shrimp</i>	15.95
F6	Marco Polo <i>Shrimp w. lobster sauce & sliced of tender beef served on top of noodles</i>	17.95
F7	Beef & Scallops in Black Pepper Sauce	17.95
F8	Three Delights Pan Fried Noodles	19.95
F9	Sizzling Fillet Mignon with Scallops	27.95
F10	Sizzling Seafood Delights <i>Lobster tail, scallops, and shrimp with vegetables</i>	27.95

SEAFOOD

E1	Shrimp with Broccoli	14.95
E2	Shrimp with Mixed Vegetables	15.95
E3	Kung Pao Shrimp	15.95
E4	Mongolian Shrimp	15.95
E5	Coconut Shrimp	17.95
E6	Salt & Pepper Shrimp	17.95
E7	Shrimp with Lobster Sauce	14.95
E8	Lobster Sauce	10.95
E9	Sweet & Sour Fish Fillet	16.95
E10	Salt & Pepper Fish Fillet	16.95
E11	Dry Pot Fish Fillet	17.95
E12	Salt & Pepper Calamari	17.95

VEGETABLES & TOFU

V1	Vegetable Delight	12.95
V2	Yu Hsiang Broccoli	12.95
V3	Sauteed String Beans	12.95
V4	Sauteed String Beans in Spicy Sauce	12.95
V5	Ma Po Tofu	12.95
V6	Mixed Vegetables with Tofu	12.95
V7	Home Style Tofu with Mixed Vegetables	12.95
V8	Kung Pao Tofu	12.95
V9	General Gau's Tofu	12.95
V10	Yu Hsiang Eggplants	12.95
V11	Basil Eggplants	12.95

RICE & NOODLES

R1	White Rice	Small 2.25 Large 3.95
R2	Brown Rice	Small 2.50 Large 4.95
R3	Fried Rice <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i> <i>Choice of Brown Rice or White Rice</i>	11.95
R4	House Special Fried Rice <i>Brown Rice or White Rice</i>	12.95
R5	Basil Fried Rice <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95
R6	Pineapple Fried Rice <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95
R7	Lo Mein <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	11.95
R8	House Special Lo Mein	12.95
R9	Pad Thai <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	12.95
R10	Singapore Rice Noodle	12.95
R11	Homemade Udon <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	13.95
R12	Chow Foon <i>Pork, Chicken, Beef, Shrimp, or Vegetable</i>	13.95

LUNCH SPECIALS

Served 11:30 am - 3 pm (except Saturday, Sunday, and holidays)

CHINESE LUNCH PLATES - \$12.95

Choose one of each:
Appetizer: Chicken Wings, Spring Roll, or Crab Rangoon (except A1 - A3)
Rice: Pork Fried Rice or White Rice (except P11 and P12)
 (substitute to Vegetable Lo Mein for \$1 extra)
Soup: Miso Soup or Hot & Sour Soup

P1	General Gau's Chicken
P2	Sesame Chicken
P3	Orange Flavored Chicken
P4	Kung Pao Chicken
P5	Mixed Vegetables with Tofu <i>Steamed or Stir Fried</i>
P6	Shrimp with Mixed Vegetables
P7	Chicken with Mixed Vegetables
P8	Beef Broccoli
P9	Mongolian Beef
P10	Dry Sauteed String Beans
P11	Pad Thai <i>(No Rice)</i> <i>Pork, Beef, Chicken, Shrimp, or Vegetable</i>
P12	Lo Mein <i>(No Rice)</i> <i>Pork, Beef, Chicken, Shrimp, or Vegetable</i>

**** A1 - A3 No Additional Choice of Appetizers ****

A1	Boneless Spareribs, Spring Roll, & Chicken Wings
A2	Crab Rangoon, Boneless Spareribs & Fried Shrimp
A3	Beef Teriyaki, Peking Ravioli & Crab Rangoon

JAPANESE LUNCH BOX

Served with Organic House Salad and Miso Soup

1	Sushi Special Box * <i>5 pcs Assorted Sushi & Spicy Salmon Tempura Roll</i>	12.95
2	Sashimi Special Box * <i>9 pcs Assorted fresh fish fillet with Organic Rice</i>	12.95
3	Unagi Don	14.95
4	Teriyaki Plates <i>Chicken, Beef, or Salmon</i>	12.95
5	Yaki Udon <i>Chicken or Beef</i> <i>Japanese noodles stir fried</i>	10.95

MAKI LUNCH SPECIAL

Served with Organic House Salad and Miso Soup

Pick Any 2 Rolls - 12.95 Pick Any 3 Rolls - 15.95

Organic Avocado Maki	Alaskan Maki *
Organic Cucumber Maki	Philadelphia *
Organic AAC Maki	California Maki *
Fruit Roll	Mango California Maki *
Organic Mango Maki	Sweet Potato Tempura Maki
Organic Apple Maki	Shrimp Futo Maki *
Tuna Maki *	Una-Avo Maki *
Salmon Maki *	Crazy Maki *
Yellowtail w. Scallion *	Mango Boston Maki
Salmon Avocado Maki *	Crabmeat Tempura *

SUSHI PARTY PLATTERS

P1	Mini Party Platter (70 pcs) * <i>Spicy Salmon Roll, Sweet Potato Roll, Una-Avo Roll, California Roll, Spicy Tuna Roll, Alaskan Roll, Spicy Mixed Fish Roll, Avo-Cu Roll, Philadelphia Maki</i>	\$70
P2	Vegetarian Platter (112 pcs) * <i>Sweet Potato Roll x2, Avocado Roll x3, Cucumber Roll x3, Avo-Cu Roll x2, Mango Roll x2, Apple Roll x2, Mixed Veggie Roll x2</i>	\$90
P3	Makimono Platter (114 pcs) * <i>Una-Avo Roll x2, California Roll x2, Crazy Roll x2, Spicy Tuna Roll x2, Spicy Salmon Roll x2, Yellowtail Roll, Rainbow Roll, Spicy Mixed Fish Roll, Salmon Roll, Tuna Roll</i>	\$110



Fine Japanese & Asian Cuisine
 All Natural & Organic Healthy Sushi



Regional Gold 2016
 Sushi Restaurant

Gluten Free Menu Available

FAST DELIVERY

781.280.0707

781.280.0708

781.276.8889

200 Great Road
 Bedford, MA 01730

OPEN HOURS

Monday - Thursday 11:15 am - 9:00 pm
 Friday & Saturday 11:15 am - 9:30 pm
 Sunday 11:45 am - 9:00 pm

Subject to MA & Local Meal Tax. Price & items are subject to change without prior notice.
 Not responsible for lost articles.

Because we offer so many items not every ingredient we use is listed in our menu descriptions.

Before placing your order, please inform your server if a person in your party has a food allergy.